

blueberry cottage cheese oatmeal bake

Serves 6

RECIPE FROM: [Taste of Magic](#)

PREP TIME: 10 minutes

COOK TIME: 35 minutes

1 cup cottage cheese

2 large eggs

¼ cup milk

¼ cup maple syrup or honey

1 tsp vanilla extract

½ tsp ground cinnamon

⅛ - ¼ tsp salt

½ cup old-fashioned rolled oats

½ tsp baking powder

1 cup fresh or frozen blueberries

NOTE: If using a different size baking dish, adjust the baking time accordingly. A larger pan, making a thinner bake, may cook faster, while a deeper bake in a smaller pan may take a few extra minutes.

PREHEAT oven to 350°F.

SPRAY an 8x8 baking dish with non-stick spray, grease with coconut oil, or line with parchment paper.

WHISK cottage cheese, eggs, milk, sweetener, vanilla, cinnamon, and salt until smooth.

STIR in oats and baking powder. Fold in blueberries.

POUR into dish.

BAKE 35 minutes or until set.

STORE in refrigerator for up to 4-7 days.

