green goddess salad

Makes 8 servings

RECIPE FROM: Get on My Plate

PREP TIME: 20 minutes

For the Salad

1 small head of cabbage, finely chopped

1 large English cucumber, finely chopped

4 celery stalks, finely chopped

1/4 cup chives, finely chopped

1 bunch green onions, finely chopped

For the Dressing

juice of 2 lemons (about ⅓ cup)

¼ cup olive oil

2 Tbsp rice vinegar (or any white vinegar)

1 cup basil leaves

1 cup fresh baby spinach

2 cloves garlic

1 small shallot

1/3 cup nutritional yeast or Parmesan cheese salt, to taste

1/4 cup cashews or other nut of choice (optional)

COMBINE dressing ingredients in a food processor or blender. If using a blender, add liquid ingredients first to make sure everything gets properly blended.

BLEND for 30-45 seconds or until dressing is creamy and well-blended. Set aside.

COMBINE finely chopped salad ingredients in a large bowl.

POUR dressing over salad and toss to combine.

COVER and store in fridge or serve immediately. This salad is best eaten within 4 days.





