

tropical matcha smoothie

Makes 1 serving

PREP TIME: 5 minutes

1 tsp matcha powder (I used [Republic of Teas Organic Full-Leaf Matcha](#))

½ cup frozen mango chunks

2 handfuls of baby leafy greens

¾ cup milk of choice*, unsweetened (I used [Elmhurst Walnut Milk](#))

1 scoop vanilla protein powder* or vanilla collagen peptides* (I used [Sunwarrior Protein Warrior Blend](#))

Shredded unsweetened coconut (optional garnish)

*Check the ingredient list if you have dietary restrictions or preferences.

Looking for a fancy-looking matcha smoothie? Check out this [Matcha Collagen Cloud Smoothie](#).

ADD all of the smoothie ingredients except coconut into a blender and purée until smooth.

SERVE the smoothie in a glass and top with shredded unsweetened coconut (optional).

