

persimmon pomegranate fruit salad

Makes 4 servings

RECIPE FROM: [Simply Recipes](#)

PREP TIME: 10 minutes

3-4 ripe persimmons

1 apple

¾ cup pomegranate seeds

7-10 fresh mint leaves

2 tsp lemon juice

½ tsp honey

CUT off the crown of the persimmons. You can eat the peel but if you don't like the texture, peel them.

CHOP persimmons and apple into bite-sized pieces. If you happen to find a seed in the persimmons, remove and discard.

STACK mint leaves, roll them up like a cigar and thinly slice from the end to create ribbons.

GENTLY toss all ingredients together in a bowl.

SERVE immediately or store in the fridge for 1-2 days.

