

# chamomile tea hand soap

## Makes 3 hand soaps

RECIPE FROM: [The Inspiration Board](#)

PREP TIME: 5 minutes

INACTIVE TIME: 2 hours

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Soap molds\*

Cooking spray or petroleum jelly

6 oz melt and pour clear glycerin soap base\*\*

½ tsp chamomile tea leaves

Few drops of essential oils (optional)

Spray bottle filled with rubbing alcohol

Plastic wrap

Decorative paper, jute, ribbon (optional)

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## NOTES

\*You can buy molds specifically for soap or you can use a muffin tin, silicone muffin cup or the base of an empty yogurt container, paper cup or any plastic container.

\*\*Glycerin soap base can be found at most craft stores like [Michaels](#) or [Hobby Lobby](#).

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## VARIATIONS

- Honey Oatmeal: 1½ tsp honey, 2 tsp oatmeal, 1 pinch dried ginger
- Aloe Vera: 2 tsp aloe vera gel



COAT molds with cooking spray or petroleum jelly and set aside. *6 oz of glycerin soap base will fill 3 standard size muffin cups.*

CUT glycerin into cubes and place in a microwave safe container with a spout.

HEAT glycerin in the microwave in 20-second intervals until melted but not boiling. Stir in between each interval. *It'll take about 1 minute to melt 4 oz.*

STIR until smooth. Mix in chamomile tea leaves and if desired essential oils (optional, only needed if you want an extra boost of scent) until well combined.

POUR into molds.

MIST tops with rubbing alcohol to eliminate any bubbles on the soap's surface.

ALLOW soap to harden for 2 hours.

PULL molds away from the side of the soap. Then press on the bottom of the mold to pop the soap out. If using a muffin tin, run a knife along the edges to loosen. *If the soap resists coming out, place it in the freezer for 10 minutes and try again.*

WRAP tightly in a piece of plastic wrap to prevent soap from sweating. If using right away, skip this step.

## FOR GIFTING

CUT a strip of decorative scrapbook paper about 1-inch wide and wrap around soap. Tape in place on the bottom.

ADD a piece of jute or ribbon around the soap on top of the paper and tie in a knot or bow on top.

DOWNLOAD and [print these labels and cards](#). Attach the label to the bottom of the soap. The label is 1½ inches round.

PLACE soaps in a plastic loot bag or stack and tie up with ribbon. Attach the card with ingredients to the top with ribbon. The card is standard business card size.