

# savory cucumber yogurt bowl

**Makes 1 serving**

**PREP TIME:** 3 minutes

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1 cup plain organic, grass-fed Greek yogurt

½ cup chopped English cucumber

Pinch of salt

2 Tbsp chopped fresh basil or dill

1 tsp olive oil

ADD yogurt and cucumber to a bowl.

TOP with a sprinkle of salt, chopped basil or dill, and a drizzle of olive oil.

