

chocolate chia seed pudding

SERVES 4

RECIPE FROM: [Minimalist Baker](#)

PREP TIME: 5 minutes + 3-5 hours to set

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- 1 can full fat coconut milk
 - 1/3 cup chia seeds
 - 1/4 cup cacao or unsweetened cocoa powder
 - 1/2 tsp vanilla extract
 - 1/4 tsp sea salt
 - 1/2 tsp ground cinnamon (optional)
 - 2-5 Tbsp maple syrup (to taste)
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ADD all ingredients except maple syrup to a mixing bowl.

WHISK vigorously to combine, then sweeten to taste with maple syrup.

LET rest covered in the fridge overnight or at least 3-5 hours until it achieves a pudding-like consistency.

SERVE chilled. Leftovers keep covered in the fridge for 2-3 days, though best when fresh.