



## 3 Time-Saving Kitchen Tips

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Life is busy...super busy! There are hardly enough minutes in the day to get everything done and the last thing anyone wants to do after a long day is slave over a hot stove for hours.

However, believe it or not, preparing healthy, well-balanced meals **IS** possible to fit into our hectic lifestyles. All you need is a few time-saving kitchen tips...also known as kitchen hacks...that will shave minutes off your kitchen tasks and ensure you're able to eat real, whole foods at home more often.

Enjoy these 3 time-saving kitchen tips and start reclaiming time in your day-TODAY!

### **Kitchen Hack #1: How to Peel Hard Boiled Eggs...in seconds!**

Do you DREAD peeling hard boiled eggs as much as I do? I feel like I've tried every trick in the book to make the peeling process quicker but nothing seems to shorten the tedious task of picking off small pieces of egg shells. Or, I'll be almost done peeling an egg and *BAM*, a big chunk of the egg white comes off with it ruining my chance for perfect deviled eggs.

Well, this kitchen hack is going to be a game changer! This particular technique works best with a larger batch of eggs (5-6) so it's perfect if you're preparing deviled eggs for a crowd or if you're planning ahead for breakfast options for the week.

[Check out this video!](#)

### **Kitchen Hack #2: Cutting Cherry Tomatoes**

Cutting cherry tomatoes is like a game of cat and mouse- you spend all your time chasing tomatoes around the cutting board trying to catch them! How frustrating! Well, this kitchen hack will do away with all that wasted time and wrangles in your cherry tomatoes (also works well with grapes) for perfectly halved tomatoes in one fail swoop.

[Check out this video!](#)

### **Kitchen Hack #3: Shucking Corn**

Shucking corn can take forever, with what seems like a never ending supply of silks. This kitchen hack uses the microwave to help eliminate that battle and you'll have perfectly shucked corn, with hardly ANY silks, in just minutes.

[Check out this video!](#)