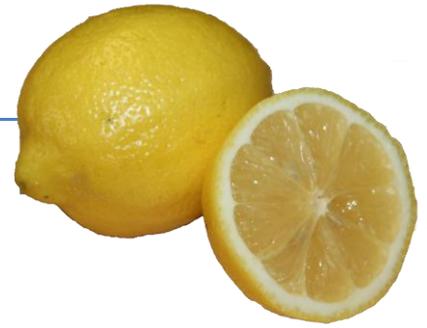


Household Cleaner Recipes



All purpose cleaner

- 1 cup water
- 1 cup white or apple cider vinegar
- 10-20 drops Essential oil or blend (optional)

In a spray bottle, combine warm water and vinegar. Add 10-20 drops essential oil(s) of choice. Replace the cap, and shake generously (shake before each use). Use as you would any other all-purpose cleaner for wood, glass, stainless steel and porcelain. Wipe with a microfiber cloth or paper towel. If you are unsure of a particular surface, test on a small area first.

Essential oil options:

Lavender- As an antiseptic, antiviral, bactericidal, and fungicidal, this popular essential oil can not only help you clean it smells great too.

Lemongrass-This essential oil has been found to have antimicrobial and antiseptic actions.

Oregano-This essential oil has powerful antibacterial properties.

Sweet Orange- An antiseptic with antifungal and antibacterial properties.

Tea Tree- As an antimicrobial, antifungal, antiseptic, bactericidal, and insecticidal, this oil combines well with others to make a truly versatile cleaner. Use it in those tough areas like the kitchen sink and bathroom.

Variation:

Citrus Vinegar Spray

You can boost vinegar's cleaning power (and add a delicious scent to your home) by adding ½ cup of lemon juice to the All-Purpose cleaner recipe. Lemon juice can assist in killing mold, cutting through grease, and it also leaves a streak-free shine.

Alternatively, save the rinds from your citrus fruit (lemons, limes, oranges, grapefruit, etc.) and cover them with vinegar in a mason jar for a week or two. After they've soaked, strain the liquid (so that your spray bottle will not get clogged) and use this citrus-infused vinegar in place of the white vinegar in your All-Purpose Cleaner.

Mold and Mildew Spray

- 1 Cup Distilled Water
- 1 Cup Vodka
- 10 drops Tea Tree Essential Oil
- 10 drops Eucalyptus Essential Oil
- 10 drops Lavender Essential Oil

Combine all the above ingredients and pour into a spray bottle. Spray this powerful mold and mildew spray directly on your mold or mildew problem. If it is really a bad problem leave on for 30 minutes or more before you wipe clean.

Deodorizing Discs

Deodorizing discs can help reduce smells in places like trash cans, cabinets, or other closed containers. Replace the discs when they are no longer absorbing odors.

- 10-20 drops essential oils of your choice
- 1-2 cups water
- 2 cups baking soda
- Silicone molds or muffin baking cups

Mix essential oils in approximately 1 cup of water. Add the baking soda and mix well. Add more water until you have a thick paste. Transfer the mixture to your silicone molds or muffin baking cups, and allow to dry for 24-48 hours. When discs are completely dry, remove from molds.